

ODYSSEY ACADEMY BAY AREA PRE K BREAKFAST & LUNCH

1% White Milk ONLY for Pre K

2022-2023 SY

| Menu Items Subject to Change w/o Notice | Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|---|--|--|
| Cycle 1 Aug.15-19, Sept. 12-16, Oct. 10-14, Nov.7-11, Dec. 12-16, Jan. 23-27 Feb. 20-24, Mar. 27-31, Apr. 24-28, May 22-25 | Assorted Cereal Craisins or Raisins Milk Salisbury Steak w/ Gravy Dinner Roll Mashed Potatoes Apple Milk | Cinnamon Toast Breakfast Bar Apple Slices Milk Chili Cheese Hot Dog Tater Tots Mixed Fruit or Pear Milk | Mini Pancake Banana Milk Chicken Quesadilla Seasoned Corn Fresh Fruit Milk | Muffin Pineapple Cup Milk Spaghetti w/Meat Sauce Garlic Bread Green Beans Peaches Milk | Assorted Cereal or Poptart Applesauce Milk Cheeseburger Curly Fries Strawberry Cup Milk |
| Cycle 2 Aug.22-26, Sept. 19-23, Oct. 17-21, Nov. 14-18, Jan 2-6, Jan. 30-Feb. 3 Feb. 27-Mar. 3, Apr. 3-Apr. 7, May 1-5 | Assorted Cereal Craisins or Raisins Milk Crunchy Tacos Mexican Rice Cucumber Coins with Ranch Apple Milk | Cinnamon Toast Breakfast Bar Apple Slices Milk Crispy Chicken Sandwich Waffle Fries Mixed Fruit or Pear Milk | Mini Pancake Banana Apple Juice Milk Frito Pie w/Homemade Chili & Cheese Sauce Seasoned Corn Fresh Fruit Milk | Muffin Pineapple Cup Milk Chicken Tenders & Dinner Roll Mashed Potatoes Peaches Milk | Assorted Cereal or Poptart Applesauce Milk Stuffed Crust Pizza Green Beans Strawberry Cup Milk |
| Cycle 3 Aug. 29-Sept. 2, Sept. 26-30 Oct. 24-28, Nov. 28-Dec.2, Jan. 9-13, Feb. 6-10, Mar. 6-10, Apr. 10-14, May 8-12 | Assorted Cereal Craisins or Raisins Milk Breaded Chicken Drumstick Dinner Roll Seasoned Corn Apple Milk | Cinnamon Toast Breakfast Bar Apple Slices Milk Chili Cheese Hot Dog Tater Tots Mixed Fruit or Pear Milk | Mini Pancake Banana Milk Beef and Cheese Nachos Refried Beans Fresh Fruit Milk | Muffin Pineapple Cup Milk BBQ Chicken w/Slice of Bread Broccoli w/ Cheese Sauce Peaches Milk | Assorted Cereal Applesauce Milk Cheeseburger Curly Fries Strawberry Cup Milk |
| Cycle 4 Sept. 5-9, Oct. 3-7, Oct. 31-Nov. 4, Dec. 5-9, Jan. 16-20, Feb. 13-17, Mar. 20-24, Apr. 17-21, May 15-19 | Assorted Cereal Craisins or Raisins Milk Crispos w/Cheese Sauce Charro Beans Apple Milk | Cinnamon Toast Breakfast Bar Apple Slices Milk Crispy Chicken Sandwich Waffle Fries Mixed Fruit or Pear Milk | Mini Pancake Banana Milk Warm Turkey & Cheese Sandwich Sweet Fries Fresh Fruit Milk | Muffin Pineapple Cup Milk Chicken Tenders & Dinner Roll Mashed Potatoes Peaches Milk | Assorted Cereal or Poptart Applesauce Milk Stuffed Crust Pizza Green Beans Strawberry Cup Milk |

This institution is an equal opportunity provider